Morning time was Lady Ethel' favourite time of day. She adored the Walled Garden at Dromoland Castle and visited it daily. A mother of six children and wife of the Right Honowrable, Lucius, 15th Baron Incliquín, she could be found signing tea in her orangerie while admiring the castle's beautiful roses. I compassionate and shy lady, Ethel received a medal from Queen Elizabeth of Belgium in recognition of her care of refugees during World War 1. She and her husband brought electricity to the Castle as well as the parish's first motor car. Both Lucius and Ethel delighted in their gerden, which they redesigned, with pillars, pergolas, terraces and paths. Lady Ethel wrote that her garden gave her so much joy that she didn't know what she would do without it. The Lady Inchiquin a magnificent clerry red tea rose is named in honour of Bromoland Castle's beloved chatelaine.





Lady Ethel Jane O'Brien

Lady Inchiquin

1867 - 1940

Please Ask your Server

**Just Juice** Orange, Pink Grapefruit, Pressed Apple

Fruit & Nut Buttermilk **Breakfast Smoothie** Sultana, Apricot, Orange, Almond (7,8,12)

## **Breakfast Tonics**

Super Green Detox Granny Smith, Celery, Kale & Cucumber (9)

**Red Fennel Vine Tomato Juice** Fennel Tea, Tabasco & Celery Salt Over Ice (9)

Cranberry & Hibiscus Iced Tea Cardamon, Cinnamon & Mint

Immune Booster Carrot, Orange, Lemon, Ginger & Turmeric

From our Buffet

## **Breakfast Cereals**

Muesli, Cornflakes, Weetabix, Special K, Bran Flakes, Granola, Coco Pops, All Bran, Rice Krispies (1,5,7,8) 'Overnight Oats' Bircher Muesli with Granny Smith, Berries & Buttermilk (1,5,7,8) Traditional Irish Oatmeal Porridge, Cranberry, Nuts & Estate Honey (1,5, 8,12)

#### **Fruit Pots**

Watermelon & Orange, Mint Balsamic (12), Glenilen Farm Mixed Fruit & Yoghurt Pots (7),

From our Buffet

**Fruit Pots** Prune Pots, Banana, Crème Fraiche, Cinnamon & Seeds (7,11,12) Mixed Berry Pot, Raspberry, Blackberry & Blueberry with Natural Yoghurt & Granola (1,7,8) Grapefruit Cocktail Pot, Estate Honey Syrup

## Fruit, Yoghurt, Nuts, Seeds

Fresh Seasonal Fruit Salad; Pineapple; Melon Panache; Apricots; Strawberries; Figs Multi-Seeds; Dried Fruits; Mixed Nuts; Probiotic Natural Yoghurt (7,8,11,12)

### **Gluten Free Section**

Kelkin Pure Oat Muesli, Kelkin Rice & Millet Porridge Chocolate Muffin, Fruit Muffin, Croissant, Danish, Multi-Seed Bagel, (Toast Available on Request)

**Irish Farmhouse Cheese** Hegarty's Cheddar, Gubbeen, St Kevin's Brie, Wicklow Blue, St.Tola Curd (7)

# Charcuterie

Baked Ham, Pastrami, Coppa Salami, Chorizo & Pepper Salami (12)

#### **Burren Smokehouse**

Burren Smoked Salmon, Mackerel, Hot Smoked Trout, Lemon, Capers (4,12)

## **Bakery Counter**

Butter Croissants, Pain aux Raisins, Pain au Chocolat, Irish Sourdough, Traditional Potato Farl, Dromoland Fruit & Plain Scones, Organic Brown Soda Bread, Banana & Pecan Bread, Rack of Brown & White Toast (1,3,7,8,12)

1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soya Beans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphur Dioxide & Sulphates, 13- Lupin, 14-Molluscs



# **Traditional Full Irish Breakfast**

Two Fried Eggs, Grilled Back & Streaky Bacon, Meere's Plain Pork Sausages, Meere's Black & White Pudding, Grilled Tomato, Field Mushroom, Potato Cake (1,3,7,12)

> Shakshuka Hass Avocado & Poached Eggs with Tomato. Turmeric & Chilli (3,12)V

Vegan 'Shakshuka' Fried Tofu with Tomato, Turmeric & Chilli (6,12) V

#### **Vegetarian Breakfast**

Two Fried Eggs, Grilled Balsamic Tomato, Field Mushroom, Potato Cake, Spiced Pulse, Spinach (1,3,7,12)

Eggs 'lasc Ait' Scrambled Eggs, Plaice, Caper & Scallion Butter (1,3,4,7,12)

> 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soya Beans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphur Dioxide & Sulphates, 13- Lupin, 14-Molluscs

From our Kitchen

**Signatures Dishes** We use Melody Farm Pastured Free Range Eggs Melody Farm is a biodiversity award winning farm in Bunratty County Clare

# Warm Buttermilk Pancakes

Mixed Berry Compote, Lemon & Pure Maple Syrup (1,3,7)

# **Spiced Poached Eggs**

Spicy Mixed Pulse, Gubbeen Chorizo, Hegarty's Cheddar (1,3,7,12)

# **Cinnamon French Brioche Toast**

Mixed Berry Compote & Cinnamon Mascarpone (1,3,7)

# Avocado Eggs Benedict

Poached Eggs, Toasted Breakfast Muffin, Crushed Avocado & Hollandaise (1,3,7,12)

## The Castle Breakfast Omelette

Pimento, Scallions & Hegarty's Cheddar Cheese (3,7,12)

€40 Plus 15% Service Charge Subject to VAT