

american spa

# The Castle Spa Opens at Dromoland Castle in County Clare, Ireland

By American Spa Staff • Sep 29, 2023 01:01pm



(Castle Spa at Dromoland)

Nestled within the historic stone walls of County Clare's most iconic estate, the newly opened [Castle Spa at Dromoland](#) is a beauty and wellness sanctuary inspired by the property's 500 acres of manicured flower-covered grounds as well as the estate's former chatelaine, Lady Ethel, who presided over the castle in the early 20th century.

The reborn spa spans 320 square feet and six treatment rooms and incorporates revitalizing, science- and nature-backed therapies from three award-winning female-owned brands: celebrity-favorite skin care line Dr. Barbara Sturm (the first hotel in Ireland to offer these exclusive treatments), the plant-based Irish brand SEABODY, and the bio-nutritional British range OSKIA. Several treatments are exclusive to the hotel, including the SEABODY Beauty and Wellness Spa Experience, which harnesses the power of hardworking marine-based nutraceuticals harvested from Ireland's Atlantic Coastline to optimize the skin's health and vitality.



(Castle Spa at Dromoland)

With original stone walls and sumptuous details like cashmere blankets designed by Ireland's KDK Sisters and spa robes from Dublin-based designer Deborah Veale, the glamorous cocoon-like space is steeped in place. Spa refreshments feature mint, strawberries, and other botanicals from the garden, and a dedicated relaxation room, The Whisper Room, offers a guided 20-minute meditation through Lady Ethel's favorite hidden corners of the castle's rose gardens with the sounds of birds and trickling water as an aural backdrop. There's also an Amber and Quartz Crystal Bed for boosting the immune system, detoxifying the body, and encouraging physical and mental relaxation.